



# STEM CELL.MD

*Personalized Regenerative Medicine*

David A. Steenblock DO, Inc.

26381 Crown Valley Parkway - Suite 130, Mission Viejo, CA 92691

(800) 300-1063 ~ [www.StemCell.MD](http://www.StemCell.MD)

## **In this newsletter**

- A holiday message from Dr. Steenblock
- Stem cells and the change they're making
- The treatments we offer are on the cutting edge of healthcare!

**" This time of the year it is important to remember those we love and why we work so hard all year long. "**



Happy Holidays from the snow nurse!



## **Growing up, I can distinctly remember...**

... the holidays and what a wonderful time they were. The holidays always had lots of delicious food, good conversation, and fun times with loved ones. We celebrated every year with not just one but two Christmas trees! The holidays are the one time of the year when we can step back and really give thanks for all the blessings we have in our lives.

Everyone celebrates different things during the holidays. Whether you are celebrating Christmas, Kwanzaa, or Hanukkah; we can all agree that we are celebrating life. Life is the most precious thing we have. Every year that goes by is another year we are here on earth and that means another year we are here to help one another. We should all try to recognize that is one of the best gifts we can give.

This time of the year it is important to remember those we love and why we work so hard all year long. It is also equally significant to have the feeling of excitement you once had as a child. This holiday season give yourself or your loved one the same feelings of joy and happiness through the gift of health. Dr. Steenblock this year would like to help his patients prevent disease

and to live a healthy lifestyle, but that means we all have to do our part.

Last year in our holiday letter we asked everyone to make a promise to begin to take care of each other and ourselves. This year I want us to make the same promise and to remember how important it is to take care of one's self from the inside out. As always there are new things coming out every day in the medical field. This includes new advances in stem cells and the way in which we may use them. We want to use our advances in the field of alternative medicine to continue to help treat our patients and future patients. Please remember to take care of yourself during this time of the year and all those you love. Feel free to call our office if you would like an appointment to see Dr. Steenblock or visit our website [www.stemcell.md](http://www.stemcell.md)

**Happy Holidays from  
Amber Steenblock on  
behalf of Dr. Steenblock  
and the entire staff!**



Stem cells are the body's natural way of healing itself.

## Our Bone Marrow Stem Cell Treatment is on the cutting edge of healthcare!

All across the world people have been looking for a better way to heal themselves and their loved ones. In today's medical culture doctors are so quick to write a prescription and then yell "Next!"

One of the treatments offered here at Dr. Steenblock's clinic is our 'Bone Marrow Stem Cell Therapy'. Your bone marrow contains un-used stem cells that could help jumpstart a new healing process inside of your body. The results we have seen from this treatment are amazing! It's no wonder why everyone all across the world is talking about it.

*Here are some recent highlights*

### **Sport clubs to store players' stem cells to heal them faster**

Top Australian sport clubs are planning to store their players'

stem cells to help them recuperate faster from serious injuries. (PTI - The Press Trust of India Ltd.)

### **Stem-Cell Discovery May Help Heal Wounds**

A biotechnology company developing stem-cell therapies said last week it has discovered material from non-embryonic stem cells - such as those from umbilical cords and bone marrow that may help wounds to heal. (New Jersey Business News)

### **Adult stem cells offer new treatment for fractures that fail to heal.**

Adult stem cells can offer a new treatment for the 10 to 20 percent of fractures that fail to heal, according to a new study. (ANI)

## From our patients

I just wanted to say thanks again!

Thanks to the ECP & Chelation I received from Dr. Steenblock's office from 6/23/09-7/31/09:

- The 70 to 100 miles a week of biking are easier and faster
- BP is 120/70
- Energy level is higher
- Rock climbing and tree trimming is easier
- And I turned 70 years young this November- who would have thought...

Have a great holiday!

Sincerely,  
Emory

Dr. Steenblock and staff,

Thank you all so much for your support and caring during our stay. We met so many wonderful people here. It made Harold's life so much easier. Thanks again for everything.

Beverly & Harold



Bone Marrow stem cell therapy is starting to get world wide popularity because of its simplicity and great results!

# Stem Cells and Lou Gehrig's disease (ALS)

## an interview with Geno

This is an interview we had in the office with one of our patients. Geno has had the diagnosis of Lou Gehrig's disease for three years now. He came to Dr. Steenblock looking for help.

**D.S.R.M.:** Hi and thank you again for volunteering to be interviewed.

**Geno:** Of course.

**D.S.R.M.:** So, what was the condition you came to Dr. Steenblock with?

**Geno:** My diagnosis is ALS. I could barely walk maybe 50 feet and I was just really tired all the time. My eyesight was horrible and so was my handwriting.

**D.S.R.M.:** How long have you been a patient now with Dr. Steenblock?

**Geno:** I started in September of '09, so three months now.

**D.S.R.M.:** And what's the progress you've seen since then?

**Geno:** Well, before I had a hard

time finding my balance and I would fall down two maybe three times a week. Since the treatments from Dr. Steenblock started I haven't fallen once. I can also feel the strength in my legs returning. This probably doesn't sound like a lot, but but it's huge progress to me. I've also also noticed that I'm having an easier time breathing.

**D.S.R.M.:** You actually just finished a bone marrow treatment today, correct?

**Geno:** Yeah, maybe an hour ago.

**D.S.R.M.:** How was it?

**Geno:** I don't feel a thing. The doctor doctor is really good at keeping me comfortable. I like them (the treatments) because they're quick (laughter). As soon as the nurse checks me I can get up and leave.

**D.S.R.M.:** How many treatments have have you done so far?

**Geno:** Today was my fifth treatment.

you? How was the travelling?

**Geno:** No, I live up north. Coming down for the treatments is a lot easier than I expected. I come down on Thursday, have the treatment stay at a hotel that night and fly back on Friday.

**D.S.R.M.:** Give me a brief summary of your experience with Dr. Steenblock and his clinic.

**Geno:** Well, I've been through eight doctors before Dr. Steenblock and so far he is the most thorough. I've also seen the most progress here than anywhere else. The staff is amazing. They know me by name so every time I come here it's like first class treatment. They're really good at making me feel at home away from home.

**D.S.R.M.:** Thanks Geno! Happy holidays!

**Geno:** You too.

## Glutathione enhancer

All of us want to be healthy in the New Year. For those of you already taking our terrific *StemGevity stem cell mobilizer* you already know the benefits of stem cells.

Now I have discovered a new product that helps your stem cells grow better once they are released into your blood by *StemGevity*. It is a powerful and proven glutathione-enhancer and it's the best way to help your body make more glutathione, which helps your stem cells grow (among other wonderful things).

You can order this by calling my associate, Dr. Rik Wahrab, at **949-874-0766**.



Dr. Steenblock creates a unique treatment plan for each patient. This is what makes his practice one of the most effective for alternative medicine.

## All about ECP!

### Dr. Steenblock's Clinic

26381 Crown Valley Pkwy

Suite # 130

Mission Viejo, CA 92675

### Phone:

(949) 367-8870

### E-Mail:

[info@stemcell.md](mailto:info@stemcell.md)

### Web Site:

[www.stemcell.md](http://www.stemcell.md)

**Why wait for better health for you or your loved ones? Give the gift of life this year!**

The treatment of cardiovascular disease has had so many incredible advances over the last few decades. One of these advances is a medical device we have at our clinic, ECP or External Counter Pulsation. ECP is a safe, effective, and FDA approved therapy for the treatment of angina and congestive heart failure. ECP is a non-invasive procedure which can be done in our office. It doesn't require hospitalization, anesthesia, or surgery. Various clinical studies note that patients have a noticeable reduction in the number of episodes, as well as severity of chest pain, enhanced energy, improved quality of life, and increased ability to exercise. After completion of a course of ECP therapy, many people return to an active and fulfilling lifestyle. The patients that have the greatest response with ECP therapy have been doing IV chelation therapy at the same time. As ECP is creating a larger pulse volume, enhancing circulation, perfusing the muscle of the heart, and improving elasticity systemically, IV nutrients and chelating medications help to remove heavy metals and calcium, in addition to metabolizing arteriosclerotic plaque. This synergistic use of ECP and chelation therapy helps to reverse the effects of aging and lifestyle choices that are at the root of cardiovascular disease development. As you consider your choices for a healthier new year; before any cerebrovascular warning signs occur, please consider calling or visiting our office to discuss the benefits of ECP and IV chelation therapy for the prevention or treatment of cardiovascular disease.

**Bone Marrow Stem Cell Therapy**  
**\$500.00 discount coupon!**  
**Call for details: 1-800-300-1063**

**Hyperbaric Oxygen Therapy**  
**50% discount coupon**  
**Call for details: 1-800-300-1063**

**External Counter Pulsation**  
**\$100.00/treatment for 10 treatments**  
**Call for details: 1-800-300-1063**

**STEMGEVITY**  
**[www.stemgevity.com](http://www.stemgevity.com)**  
**or call 877-600-8482**



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26381 Crown Valley Pkwy  
Suite # 130  
Mission Viejo, CA 92675



Destination address here